

Best Practices for the Implementation of Guidance for New Jersey Child Care Programs on COVID-19 Related Health and Safety Requirements



STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES



RUTGERS

School of Social Work
INSTITUTE FOR FAMILIES

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About This Guide

This implementation guide was created by the Department of Human Services in collaboration with the Child Care Health Consultants, Department of Children and Families and other key stakeholders.

Note that the guidance in this document does not supersede New Jersey state requirements, but instead provides best practices for implementation. There are frequent updates to health and safety guidelines and regulations regarding COVID-19. Visit the [Office of Child Care website](#) frequently for the most current version of this document.

For information on the NJ Child Care Subsidy Program, available resources and grants, and Grow NJ Kids, please visit the [Office of Child Care website](#).



Photos were taken in 2019 before the COVID-19 pandemic at Better Beginnings Child Development Center, Hightstown, NJ

Plan and Prepare for Wellness

Recommended Supplies

- Hand Soap
- Paper Towels
- Facial Tissue
- Toilet Paper
- Alcohol Wipes
- Gloves
- Masks
- Food Serving Gloves
- No Contact Thermometer
- 60% Alcohol-Based Hand Sanitizer **Not Containing 1-Propanol or Methanol**
- Optional Barrier or Partition for Health Screening
- No Touch Soap/Hand Sanitizer Dispensers
- Disposable Plates, Cups, and Utensils
- Bins for Dirty Toys
- EPA Disinfectant
- Disposable Nonabsorbent Lining for Diapering Table
- Individual Bins/Bags for Personal Items
- Plastic Bags for Soiled Clothes & Linens
- Over-Sized Smocks for Infant & Toddler Staff
- No Touch/Foot Pedal Trash Cans
- 70% Isopropyl (Rubbing) Alcohol to clean thermometer



Environmental Safety (if applicable)

- Test that water systems and devices are safe to use to minimize the risk of Legionnaire's Disease and other diseases associated with water.
- Perform HVAC maintenance and adjustments to allow more fresh air flow.
- Incorporate additional outside time into daily schedules.
- Open windows frequently with safety measures in place.
- Check that hand washing sinks and restrooms work and are stocked with liquid soap, disposable towels, and no touch/foot pedal trash can.
- Follow CDC's [Cleaning, Sanitizing, and Disinfecting Your Facility](#).
- Follow Caring For Our Children: [Appendix J: Selection and Use of a Cleaning, Sanitizing, or Disinfecting Product](#), and [Appendix K: Routine Schedule for Cleaning, Sanitizing, and Disinfecting](#).



Optional Recommendations for Screening During Times of High Transmission

- Identify screening area for children and staff. The area can be indoors, the immediate entryway of the facility, or outdoors.
- If screening onsite indoor screening areas must be separated from where care is being provided.
- Outdoor screening areas must be usable during inclement weather.
- Utilize social distancing or barrier/partition controls for screening.



Plan and Prepare for Wellness

Posters & Informational Bulletins



Below are links to resources you can print and display in your care setting. These are still recommended, but no longer required.



Post the sign at the entrance that reads **"Stop: Corona Virus Covid-19 Precautions"** (pgs. 19 & 20 of this guide).



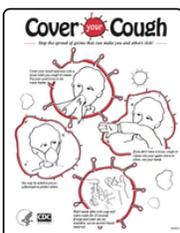
CDC's [Important Steps to Choosing a Mask](#) (pg. 22 of this guide).



Hang the CDC's, [Safe and Healthy Diapering to Reduce the Spread of Germs](#) poster prominently near all diapering stations. (pg. 23 of this guide).



Hang handwashing posters (**"When to Wash Your Hands"** and **"How to Wash Your Hands"**) at each sink. (pgs. 16 & 17 of this guide).



Post the CDC's [Cover Your Cough](#) poster (pg. 21 of this guide).

Plan and Prepare for Wellness

Communicate with Staff



- [NJ DOH Guidance from 10.7.22](#)
- Notify your staff about your vaccine and masking policies.
- Ask staff who are at-risk to consult with their medical provider to determine if they should come to work. This may include staff who are older, pregnant, or have underlying medical conditions.
- Review health screening entry procedures. Update emergency contacts.
- Review updated sanitation and hygiene practices—including hand hygiene, proper use of personal protective equipment (PPE) like gloves and masks, cleaning and disinfecting, social distancing, and illness policies.
- Review staff roles and responsibilities.
- [Develop a Plan \(NJDOH guidance from 2.22.22\)](#) in case the facility needs to close, and determine how staff will communicate this information with parents.
- Consult with your [local health department](#) for guidance on cleaning and closure.
- Contact your Child Care Health Consultant for consultation, technical assistance, and training on best practice standards in Health & Safety.

Communicate with Parents



- Review new policies and procedures with parents/guardians.
- Review social distancing and masking policies.
- Ask parents/guardians of at-risk children with underlying medical conditions to consult with their healthcare provider to determine if the child should attend the program.
- Request any updated special needs care plans.
- Explain health screening processes prior to entry.
- Continue to ensure that children are up to date on immunizations.
- Update emergency contacts.
- Consider requesting extra clothes and indoor shoes.
- Limit personal items being brought from home to the child care facility.
- Create a communication system for staff and families for regular communication, as well as self-reporting of symptoms/notification of exposures and closures.

Screening and Admittance

Drop Off/Pick Up Procedure



Per Caring For Our Children [Standard 6.5.2.1 Drop-Off and Pick-Up:](#)

In response to the Centers for Disease Control and Prevention's [COVID-19 Guidance for Operating Early Care and Education/Child Care Programs](#), it is recommended that early childhood programs:

- Provide hand sanitizer with at least 60% alcohol next to sign in/out sheets. Keep hand sanitizer out of the reach of children.
- Encourage families to be alert to signs of illness in their children and to keep them home when they are sick.
- Refer to the COVID-19 modifications in:

[Standard 3.1.1.1: Conduct of Daily Health Check](#)

[Standard 3.6.1.1: Inclusion/Exclusion/Dismissal of Children](#)

Screening and Admittance

Health Screening



Look for Signs of Illness



CFOC [Standard 3.1.1.1: Conduct of Daily Health Check](#):

Children who are experiencing any of the symptoms/exposures/testing listed below should not enter the program.

- COVID-19 symptoms most likely seen in children:
 - Congestion, runny nose or other allergy like symptoms
 - Sore throat
 - Headache
 - Fever (100.4o F/38o C or higher); feeling feverish (chills, sweating)Refer to the complete list [Symptoms of COVID-19 | CDC](#)
- Are waiting for results of a COVID-19 test
- Have been recently diagnosed with COVID-19 and not yet cleared to discontinue isolation
- If experiencing any of the COVID-19 symptoms above, get tested.

Children or staff who arrive in the program with symptoms, or develop symptoms while in care should wear a well-fitting mask while in the building and be sent home and get tested. Children or staff expose to COVID-19 or develop symptoms, should be tested.

There is an overlap between COVID-19 symptoms and other common infectious childhood illnesses. Therefore, follow the program illness exclusion guidelines and refer to COVID-19 modification for [Standard 3.6.1.1 Inclusion/Exclusion/Dismissal of Children](#).

For information regarding Screening Staff and Children, see CFOC standards [Standard 3.6.1.1: Inclusion/Exclusion/Dismissal of Children](#).

[Standard 3.6.1.2 Staff Exclusion for Illness](#).

Temperature Screening Onsite



For information on Taking a Temperature see CFOC [Standard 3.6.1.3: Guidelines for Taking Children's Temperatures](#)

Screening and Admittance

Visitors

VISITORS

Review rules for visitors and family engagement activities

CFOC [Standard 2.3.1.2 Parent/Guardian Visits](#) makes the recommendation to:

- Consider limiting non-essential visitors, volunteers, and activities involving external groups or organizations with people [who are not fully vaccinated](#), when there is [moderate-to-high COVID-19 community transmission levels](#).
- Universal indoor masking is recommended for age 2 and above when community transmission levels are high.

[COVID-19 Guidance for Operating Early Care and Education/Child Care Programs \(cdc.gov\)](#)

Response Procedure for COVID-19 Symptoms or Exposure

Developing Symptoms of COVID-19 While at the Program



<https://www.nj.gov/def/news/CCStandards-030422.pdf>

- If symptoms develop, contact the child's family
- Separate the ill person from others immediately and until the ill person can leave the program, provide an isolation room or area with a cot/crib.
- If a child has symptoms of COVID-19 the caregiver waiting with the child should remain as far away as possible from the child (preferably, six feet).
- Cover children's (age 2 and older) noses and mouths with a mask. Exemption information can be found [here](#).
- If a mask is not tolerated by the child, staff should remain as far away as safely possible from the child (ideally, six feet) and wear a mask.
- Individuals should be sent home and advised to contact their health care provider for testing and care.
- Call a health care provider if symptoms persist or worsen. Advise the employee or child's parent/guardian to inform the program immediately if the ill person is diagnosed with COVID-19.

Child or Staff Test Positive for COVID-19



- Centers must report outbreaks or suspected outbreaks to their local health department.
- Consult with your local health department regarding questions about symptoms, potential exposure, positive cases or anything COVID-19 related.

CFOC Standard 3.6.1.1: Inclusion/Exclusion/Dismissal of Children:

- Follow the **Cleaning and Disinfecting Your Facility**
- Ensure families understand their child cannot return to in-person care until they have met **CDC's guidance**,
- Maintain the sick child's confidentiality, as required by the Americans with Disabilities Act (ADA), Family Educational Rights and Privacy Act (FERPA) and Health Insurance Portability and Accountability Act (HIPAA).

Response Procedure for COVID-19 Symptoms or Exposure

Returning After COVID-19 Diagnosis Exposure



- Follow the [NJ DOH guidance for isolation](#).
- Follow the [NJ DOH General Guidelines for the Control of Outbreaks in School and Child Care Settings School Exclusion List](#) (Covid is listed)
- Contact your local DOH for any questions on exclusions.

Cleaning/Disinfecting After a COVID-19 Case



- View the Centers for Disease Control and Prevention's Coronavirus Disease 2019 [Environmental Cleaning and Disinfection Recommendations](#) for additional guidance on cleaning/disinfecting areas visited by those with suspected or confirmed COVID-19.

Social Distancing Strategies & Best Practices for Child Care Providers

Face Coverings (if indicated)



How to Wear Masks



Wear Your Mask Correctly:

- Wash your hands before putting on your mask.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- CDC does not recommend use of masks or cloth masks for source control if they have an exhalation valve or vent.

Removing Face Masks



Removal of face covering from the CDC

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.
- Don't put the face covering around your neck or up on your forehead.
- Don't touch the face covering, and, if you do, wash your hands or use hand sanitizer to disinfect.

Considerations:

- Label masks with names or initials, to avoid confusion or swapping. Masks may also be labeled to indicate top/bottom and front/back.
- **Masks should be washed** after every day of use and/or before being used again, or if visibly soiled.

Ensure that personal items such as masks or toothbrushes are used only by one child and stored safely while not in use (for example, in individually labeled containers, bags, or cubbies). Ensure that children and staff wash hands after handling these personal items.

Social Distancing Strategies & Best Practices for Child Care Providers

Face Coverings (if indicated)



Face Shields



- There is currently not enough evidence to support the effectiveness of face shields for source control. Therefore, CDC does not currently recommend use of face shields as a substitute for masks.
- Face shields or guards shall not be used as a substitute for masks, but may be used in conjunction with masks to provide additional security, allowed for children or staff medically precluded from using a mask, or for activities that require facial visibility (e.g. provision of therapeutic services that require observation of mouth movements) so long as social distancing can be maintained.
- Although evidence on face shields is limited, the available data suggest that the following face shields may provide better source control than others:
 - Face shields that wrap around the sides of the wearer's face and extend below the chin
 - Hooded face shields.
- **Plastic face shields for newborns and infants are NOT recommended.**

More information and updates on face coverings [can be found here.](#)

Face Masks Outdoors



In general, people do not need to wear masks when outdoors. However, centers may encourage the use of masks during outdoor activities that involve sustained close contact with other individuals or during periods of high community transmission. Masks should be worn outdoors after completing a 5-day isolation/quarantine period (if applicable) during days 6-10.

Face Masks Exemptions



Do not put masks on anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance. [See pages 7-8 for a full list of mask exemptions.](#)

Hygiene & Sanitation

WHEN TO WASH HANDS:

- Upon entering the program
- Upon entering the classroom
- After playing outside
- After going to the bathroom
- Prior to leaving for home
- Before and after eating snacks and meals/feeding a child
- After toileting/assisting child with toileting/changing diapers
- After cleaning or handling garbage
- After blowing/wiping noses, coughing, sneezing or coming in contact with body fluids, mouths or mouth sores
- Before and after preparing/handling food or beverages, including infant bottles prepared at home or in the program
- Before and after administering medication
- After handling animals or cleaning animal waste
- After applying sunscreen



Use hand sanitizer with at least 60% alcohol (only on staff and older children who can safely use hand sanitizer) when soap and water are not available. It is not used for diapering, eating, preparing, or serving food. Store hand sanitizer out of children's reach. [Additional Hand Sanitizer Information](#) & [Recalled Sanitizers](#).



TEACH - PRACTICE - MONITOR

- Teach and reinforce hand washing and covering coughs and sneezes.
- Remind children, families, and staff not to touch their eyes, nose, and mouths with unwashed hands.
- Practice frequent hand washing with soap and water for at least 20 seconds—approximately the amount of time it takes to sing the "Happy Birthday" song twice.
- Monitor children to ensure they are washing effectively.
- Place posters describing handwashing steps near sinks (page 18 for poster).

Make sure hand sanitizer ingredients do not contain poisonous ingredients including 1-propanol or methanol. Check products are not on [FDA's do-not-use list of hand sanitizers](#).

CLOTHING - BEDDING

- Staff caring for infants/toddlers may wear button-down, long-sleeved shirts or smocks and keep hair off the collar.
- Keep multiple changes of clothes for infants, toddlers, and their providers.
- Change any clothing soiled with secretions. Place contaminated clothes in a plastic bag or wash in a washing machine.
- Store each child's bedding separately in individually labeled bins, cubbies, or bags. Label cots and mats for each child. Clean bedding that touches a child's skin weekly or before use by another child.



Sanitizing, Guidelines, and Meals

SANITIZING - SHARING TOYS

Refer to CFOC [3.3.0.2 Cleaning and Sanitizing Toys](#)



For the latest COVID-19 updates and best practices:
[CDC Website](#), [NJ DCF](#), or [NJ DOH website](#).



IMPORTANT CDC GUIDELINES

- Consider posting the [CDC's Guidance for Cleaning & Disinfecting Your Facility](#).
- Use an [EPA approved disinfectant for use against COVID-19](#).
- Follow the manufacturer's instructions for concentration, application method, and contact time for all cleaning and disinfecting products.

FAMILY STYLE MEALS

See CFOC [Standard 4.5.0.4 Socialization During Meals](#) for more information regarding family style meals"



A step-by-step guide to:

HAND WASHING



STEP 1

Moisten hands with water and apply liquid soap.



STEP 2

Rub hands together away from the flow of water for 20 seconds. (Tip! Teach children to sing “Happy Birthday” two times to help children monitor the time while they wash.)



STEP 3

Rinse hands free of soap under running water.



STEP 4

Dry hands with a clean disposable paper towel or a one-time use cloth towel.



STEP 5

If faucets do not shut off automatically, turn faucets off with a disposable paper or single-use cloth towel.

WHEN TO WASH YOUR HANDS

Staff and Children



ALL STAFF SHOULD WASH THEIR HANDS:



On arrival for the day, after breaks, or prior to leaving for home.

Before and after:

- Preparing food or beverages
- Eating, handling food, or feeding a child
- Giving medication or applying a medical ointment or cream



After:

- Using the toilet or helping a child use a toilet
- Handling bodily fluid (mucus, blood, vomit)
- Diapering a child
- Cleaning or handling the garbage
- Applying sunscreen
- Playing with children outdoors

ALL CHILDREN SHOULD WASH THEIR HANDS:

- When arriving for the day
- Before and after eating or being fed
- After being diapered or helped with changing soiled clothes
- After sneezing, wiping and blowing noses
- After using the toilet
- After handling animals
- After playing outdoors
- When hands are visible dirty
- Prior to leaving for home



PROPER CLEANING, SANITIZING & DISINFECTING

1 CLEAN SURFACE WITH SOAP AND WATER.

Wipe with a clean paper towel.



2 IF VISIBLE SOILING WAS PRESENT, RINSE WITH WATER.

Dry with a clean paper towel.

3 APPLY SANITIZER/ DISINFECTANT TO SURFACE.

Allow solution to stay on surface according to standing time on manufacturer's instructions from product label. Then wipe dry with a clean paper towel.



Sanitizers are used on food preparation and contact surfaces, utensils, dishes, high chairs, meal tables, mouthed toys and pacifiers.



Disinfectants are used on diaper changing tables, bathroom sinks and toilets, high touch areas that collect lots of germs, such as doorknobs, cabinet handles, hand rails, drinking fountains, etc.



Choose an Environmental Protection Agency (EPA) Registered Disinfectant for use against COVID-19. Follow manufacturer's instructions from the product label for use as a sanitizer or disinfectant.

Bleach solutions should be made fresh daily according to the manufacturer's instructions from the label!

Keep all toxic substances out of the reach of children.

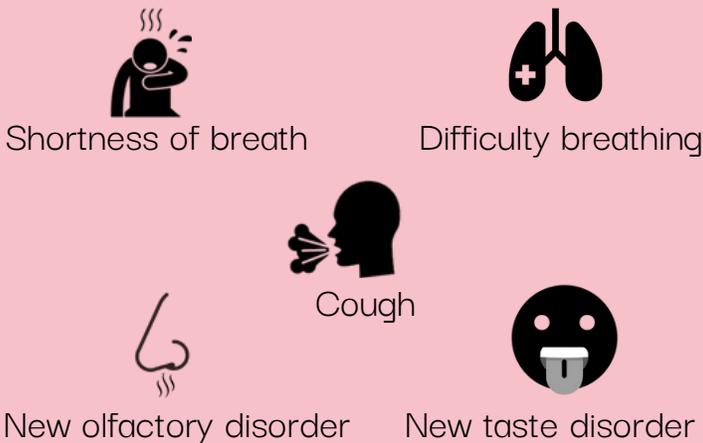
Source: ECERS-3 Table Cleaning/Sanitizing Guidelines and Author Clarifications of June 2013, Table Cleaning and Disinfecting Guidance PDF from nj.gov



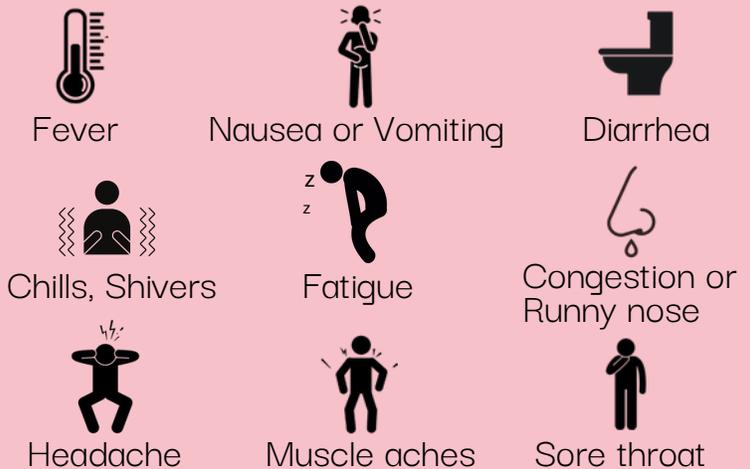
CORONAVIRUS (COVID-19) PRECAUTIONS

Complete daily health check prior to entry and, in addition to our general exclusion criteria, individuals will be excluded for:

At least **one** of the following symptoms:



Or, at least **two** of the following symptoms:



Please do not enter if you have symptoms of COVID-19 or have been diagnosed with Covid-19, or you have received medication for the purpose of lowering a fever.

If you have any of these symptoms, contact your healthcare provider.

Anyone older or with underlying medical conditions or pregnant should contact their healthcare provider to determine the risk of attending this program.

Staff and visitors should follow program policy regarding face coverings, except those who are exempt for medical reasons



Please wash your hands immediately upon entry.





PRECAUCIONES DEL CORONAVIRUS (COVID-19)

Complete el examen diario de salud antes de entrar y, además de nuestros criterios generales de exclusión, las personas serán excluidas por:

Al menos **uno** de los siguientes síntomas:



O, al menos **dos** de los siguientes síntomas:



Por favor, no entre si presenta síntomas de COVID-19, ha sido diagnosticado con COVID-19, o ha tomado medicación con el fin de bajar la fiebre.

Si tiene alguno de estos síntomas, comuníquese con su proveedor de atención médica.

Cualquier persona mayor o con condiciones médicas subyacentes o embarazada debe comunicarse con su proveedor de atención médica para determinar el riesgo de participar en este programa.

El personal y los visitantes deben seguir la política del programa con respecto a las mascarillas o cubrebocas, excepto aquellos exentos por razones médicas.



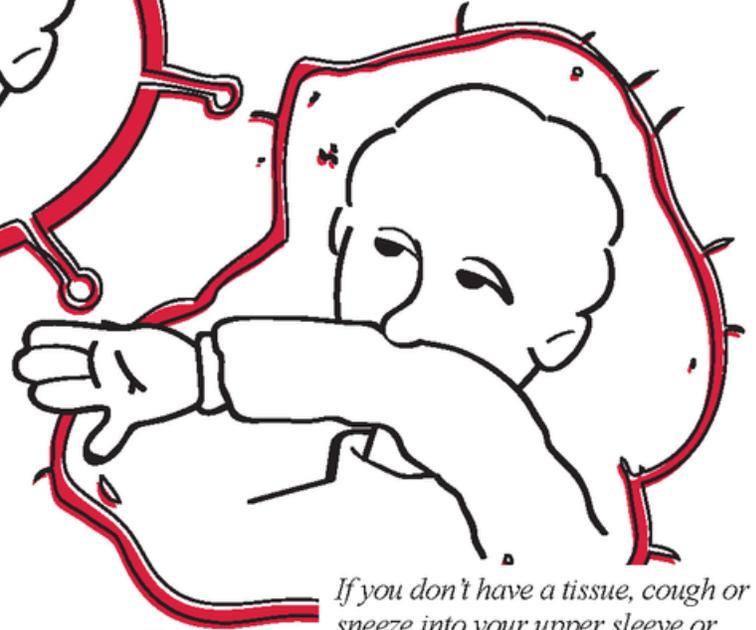
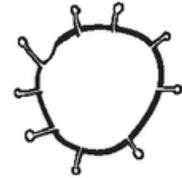
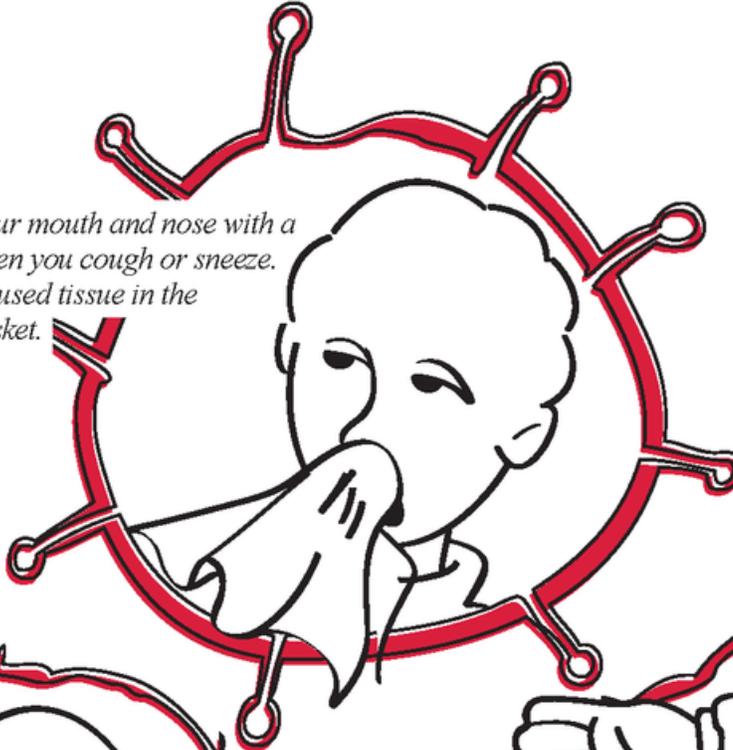
Por favor, lávese las manos inmediatamente al entrar.



Cover Cough

— Stop the spread of germs that can make you and others sick! —

Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.



If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.



You may be asked to put on a facemask to protect others.



Wash hands often with soap and warm water for 20 seconds. If soap and water are not available, use an alcohol-based hand rub.



IMPORTANT STEPS TO CHOOSING A MASK



Make sure your mask fits

- Pick a mask with multiple layers to keep your respiratory droplets in and others' out.
- Choose a mask with a nose wire to prevent air from leaking out of the top.

For extra protection

Wear a disposable mask under a cloth mask

Knot and tuck ear loops of a 3-ply mask

Use a mask fitter or brace over a disposable or cloth mask



Respirators must form a seal to the face to work properly.

- Follow manufacturer instructions.
- Check for markings on [N95](#), [KN95](#), and other respirators that indicate the product is authentic.



Safe and Healthy Diapering to reduce the spread of germs



Keep a hand on the child for safety at all times!



1. PREPARE

- Cover the diaper changing surface with disposable liner, if applicable.
- If you will use diaper cream, dispense it onto a tissue now.
- Bring your supplies (e.g., clean diaper, wipes, diaper cream, gloves, plastic or waterproof bag for soiled clothing, extra clothes) to the diapering area.



2. CLEAN CHILD

- Put on gloves. Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes. Always wipe front to back!
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.



3. REMOVE TRASH

- Place used wipes in the soiled diaper.
- Discard the soiled diaper and wipes in the trash can.
- Remove and discard gloves..



4. REPLACE DIAPER

- Slide a fresh diaper under the child.
- Apply diaper cream, if needed, with a tissue or a freshly gloved finger.
- Fasten the diaper and dress the child.



5. WASH CHILD'S HANDS

- Use soap and water to wash the child's hands thoroughly.
- Return the child to a supervised area.



6. CLEAN UP

- Remove liner, if applicable, from the changing surface and discard in the trash can.
- Wash the surface with a soap and water mixture and a disposable towel.
- Wet the **entire surface** with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid or wipe. Choose disinfectant appropriate for the surface material.



7. WASH YOUR HANDS

- Wash your hands thoroughly with soap and water.



Links and Additional Resources

Coronavirus (COVID-19) Information from the Department of Children and Families

https://www.nj.gov/dcf/coronavirus_licensedchildcare.html

COVID-19 Guidance for Operating Early Care and Education/Child Care Programs (cdc.gov)

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/child-care-guidance.html>

Use of Cloth Face Coverings from HealthyChildren.org

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Cloth-Face-Coverings-for-Children-During-COVID-19.aspx>

CDC's Your Guide to Masks

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

CDC's Safe and Healthy Diapering <https://www.nj.gov/dcf/news/AttachmentD-Diapering-procedures-childcare-508c.pdf>

Resources for Children: Developmentally appropriate handwashing posters from the CDC

<https://www.cdc.gov/handwashing/materials.html>

Resources for Parents/Guardians: CDC's Handwashing: A Family Activity

<https://www.cdc.gov/handwashing/handwashing-family.html>

NJDOH guidance from 5/26/21

https://www.nj.gov/dcf/news/COVID_guidance_reopening_childcare.pdf

CDC Guidance for Cleaning and Disinfecting

<https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html>

What's the Difference Between Cleaners, Sanitizers, and Disinfectants?

https://www.nj.gov/health/ceohs/documents/ccc-toolkit/ccc_cleaners-san-dis.pdf

The National Child Traumatic Stress Network

<https://www.nctsn.org>

Links and Additional Resources

Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>

What to do if a Student Becomes Sick or Receives a New COVID-19 Diagnosis in your Child Care Center Flowchart

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/sick-at-child-care-flowchart.html>

A Child in My Classroom is Showing Signs of COVID-19 in my Child Care Program: What Should I Do? Quick Guide for Providers

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/childcare-providers-quick-guide-print.pdf>

Ventilation in Schools and Child Care Facilities

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/ventilation.html>

COVID-19 Public Health Recommendations for K-12 Schools, Childcare and Youth Camps

https://www.nj.gov/health/cd/documents/topics/NCOV/PH_Recommendations_K-12_Childcare_Camp.pdf

NJ Department of Children and Families Updated COVID-19 Standards for Child Care Centers March 4, 2022

<https://www.nj.gov/dcf/news/CCStandards-030422.pdf>

COVID-19 RESOURCES & SUPPORT FOR CHILD CARE PROVIDERS IN NEW JERSEY



If you are providing child care services during this time, you are not alone! Support and resources are available through the joint efforts of the following organizations.



SOCIAL-EMOTIONAL HEALTH RESOURCES



Socio-Emotional Formation Initiative www.montclair.edu

(973) 826-7971 or sefi@montclair.edu

- Short-term mental health support for children under age 18 and their families
- Support for program staff, how to work with challenging behaviors and strategies for including children with special needs
- Support for directors/administrators on managing stress, including webinars on the impact of stress and trauma, and emotional wellness for staff

HEALTH & SAFETY RESOURCES



Child Care Health Consultants www.cjfhc.org

1-888-999-1780 or cchc@cjfhc.org

- Statewide email blasts and virtual huddles providing health & safety resources and information during COVID-19
- Professional development training that supports both best practice standards and state guidance, to keep healthy in childcare during the COVID-19 pandemic
- Health consultations and technical assistance for child care providers by phone, online and virtually



RESOURCES FOR SCHOOL-AGE CARE PROVIDERS

NJSACC The Statewide Network for New Jersey's Afterschool Communities www.njsacc.org

(908) 789-0259 or sac@njsacc.org

- NJSACC's COVID-19 Update Page provides links to important topics such as:
 - Up-to-Date Guidelines for School-Age Child Care and Afterschool Services
 - Toolkits & Resources for Safe Re-Entry in School Settings and Childcare Programs
- Virtual provider meetings to share resources and discuss the impact of the COVID-19 pandemic on school-age programs/services
- Free online professional development: <https://njsacc.org/weblearning>
 - New Jersey Quality Standards for Afterschool (NJQSA) - Overview of the development and use
 - On the Road to Quality - Overview of how to use the NJQSA self-assessment tool and rating form
 - Positive Behavior Management - Techniques to encourage positive behavior in youth
 - Afterschool 101: Foundations of Successful Afterschool Programming on the NJ Workforce Registry, Event ID: 127465
- Quality Coaching and Targeted Technical Assistance Available to School-Age Providers

Please refer to www.childcarenj.gov
for information on training and technical assistance

(10/25/21)

Revision History

Revisions Made to the Guide

REVIEW



Date	Page	Section	Change
11/16/20	pg.10	Conduct Temperature Screening, Bullet 6	Clean the thermometer in between each check using the manufacturer's instructions. (unless using a non-contact thermometer) has been removed.
12/1/20	pg. 8	Screening Questions, Question 2	Have you been in close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19 in the past 14 days? Time has been changed from 10 minutes to 15 minutes.
	pg. 24-5	English and Spanish Door sign, Bullet 2	Has been in close contact (within six feet for at least 15 minutes) with a person with confirmed COVID-19 in the past 14 Days. Time has been changed from 10 minutes to 15 minutes.
1/31/21	pg. 27	Links and Additional Resources	Removed invalid link. Department of Health and Human Services Child Care & Preschool Pandemic Planning Checklist https://www.acf.hhs.gov/sites/default/files/occ/cdc_pandemic_checklist.pdf
		Links and Additional Resources	Removed duplicate link. CDC Guidance for Child Care Programs that Remain Open https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-forchildcare.html#ScreenChildren
		Links and Additional Resources	Added new link to resources. Toolkit for Childcare Programs - Updated January 6, 2021 https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/childcare.html
	pg. 28	Links and Additional Resources	Revised invalid link. Toolkit for Childcare Programs and Summer Camps https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/childcare-programsummer-camps.html
3/25/21	pg. 27	Links and Additional Resources	New link and title added Use of Cloth Face Covering from HealthyChildren.org https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Cloth-Face-Coverings-for-Children-During-COVID-19.aspx
		Links and Additional Resources	New link for CDC's Use of Cloth Face Coverings https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html
		Links and Additional Resources	1/6/21 date removed from title of Toolkit for Childcare Programs. Links to most recent version of toolkit.
		Links and Additional Resources	Title changed to Guidance for Operating Child Care Programs during COVID-19: CDC's Guidance for Operating Child Care Programs during COVID-19-Updated Mar. 12, 2021. Link remains the same.
	pg. 28	Links and Additional Resources	Duplicate link. Removed. Guidance for Child Care Programs that Remain Open: Supplemental Guidance https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html

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Date	Page	Section	Change
3/25/21	pg. 28	Links and Additional Resources	Entire link removed. Interim Guidance for Administrators of US K-12 Schools and Child Care Programs: Plan, Prepare, and Respond to Coronavirus Disease 2019 (COVID-19) https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html ? CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fschools-childcare%2Fguidance-for-schools.html
		Links and Additional Resources	Link renamed to Toolkit for Summer Camps.
		Links and Additional Resources	New resource link added. CDC's Quick Guide for Child Care Providers. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/Childcare-Providers-Quick-Guide-Symptoms-of-COVID-19-at-Child-Care.pdf
		Links and Additional Resources	New resource link added. Quick Guide: Help Protect you Child Care Center from COVID-19. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/322883-B_COVID-19_ChildcareGuidance_CENTER_infographic_v3.pdf
		Links and Additional Resources	New resource link added. COVID-19 Child Care Symptom Screening Flowchart. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/childcare-program-symptoms-flowchart.pdf
		Links and Additional Resources	New resource link added. What to do if a Student Becomes Sick or Receives a New COVID-19 Diagnosis in your Child Care Center Flowchart. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/child-care-what-if-child-becomes-sick-flowchart.pdf
		Links and Additional Resources	New resource link added. A Child is Showing Signs of COVID-19 in my Child Care Program: What Should I Do? Quick Guide for Providers. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/childcare-providers-quick-guide-print.pdf
		Links and Additional Resources	New resource link added. Ventilation in Schools and Child Care Facilities. https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/ventilation.html
		Links and Additional Resources	New resource link added. Quick Guide: Help Protect your Family Child Care Home from COVID-19. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/322883-B_COVID-19_ChildcareGuidance_HOME_infographic_v7.pdf
	pg. 29	Links and Additional Resources	New resource link added. What to do if a Student Becomes Sick at School or Reports a new COVID-19 Diagnosis in your Family Child Care Home. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/322697-B_COVID_FamilyChildCareHome_Flowchart-3-Final.pdf

Revision History

Revisions Made to the Guide

REVIEW



Date	Page	Section	Change
3/25/21	pg. 29	Links and Additional Resources	New resource link added. My Child is Showing Signs of COVID-19 in Child Care: What Should I Do? Quick Guide for Parents, Guardians, and Caregivers. https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/childcare-parents-quick-guide-print.pdf
	pg. 8	Ask Screening Questions. Question #3.	Changed to: Have you travelled beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware)?
	pg. 13	Returning After COVID-19 Diagnosis or Exposure	3rd bullet added: View the recommended minimum quarantine timeframes from the New Jersey Department of Health. https://www.state.nj.us/health/cd/documents/topics/NCOV/COVID_updated_quarantine_timeframes.pdf 4th bullet added: Contact your local DOH for any questions on exclusion or quarantine timeframes.
9/8/21			Substantial revisions made throughout the entire guide.
10/20/21			Substantial revisions made throughout the entire guide.
2/25/22			Substantial revisions made throughout the entire guide.
3/28/22			Substantial revisions made throughout the entire guide.
11/3/22			Substantial revisions made throughout the entire guide.

